



Assessment Report

Practice: Mindful Psychology
 Practitioner: Dr Sarah Johnson
 Client: Alex Carter
 Date: 26/04/2026

EXAMPLE REPORT — Prepared by a practitioner inside Grounded Scribe. Fictional data; not a clinical result.

PHQ-2 — Patient Health Questionnaire-2

A 2-item ultra-brief screener for depression using the first two items of the PHQ-9

RESULTS



INTERPRETATION

Current score: 4, positive screen, as per the PHQ-2 author/publisher guidelines.

ABOUT THIS ASSESSMENT

Clinical Purpose

The PHQ-2 is an ultra-brief 2-item depression screening tool comprising the first two items of the PHQ-9. It asks about the core symptoms of depression — depressed mood and anhedonia (loss of interest or pleasure) — over the past two weeks. It is designed as a first-stage screener: a positive result (score ≥ 3) warrants full assessment with the PHQ-9.

Origins & Development

Derived from the PHQ-9 by Kroenke, Spitzer, and Williams, published in 2003. Validated in a study of 6,000 patients, demonstrating a sensitivity of 83% and specificity of 92% for major depression at a cutoff of 3. Its two items capture the cardinal symptoms required by DSM for a major depressive episode diagnosis.

Australian Context

Recommended for opportunistic depression screening in Australian general practice waiting rooms and emergency departments. The RACGP suggests it as a quick screening option during routine health checks. Its brevity makes it practical for integration into Australian electronic medical record systems as a standard vital sign.

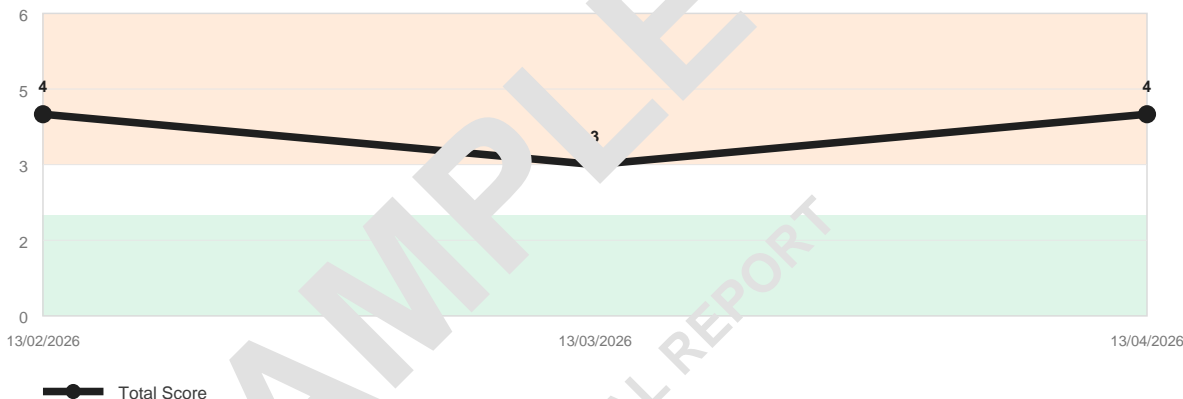
SCORE HISTORY

Date	Score	Severity
13/02/2026	4	positive screen
13/03/2026	3	positive screen
13/04/2026	4	positive screen



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SCORE TRAJECTORY



RESPONSE DETAILS

#	Statement	Not at all	Several days	More than half the days	Nearly every day
1	Little interest or pleasure in doing things	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
2	Feeling down, depressed, or hopeless	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

Grounded Scribe Platform

Item-level response details, score tracking over time, RCI analysis, and outcome reports are available when assessments are administered through the platform.

REFERENCES

1. Kroenke K, Spitzer RL, Williams JB. The Patient Health Questionnaire-2: validity of a two-item depression screener. Med Care. 2003;41(11):1284-1292.
2. Kroenke K, Spitzer RL, Williams JB. The PHQ-9: validity of a brief depression severity measure. J Gen Intern Med. 2001;16(9):606-613.

ACKNOWLEDGEMENT & LICENSING

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