



Assessment Report

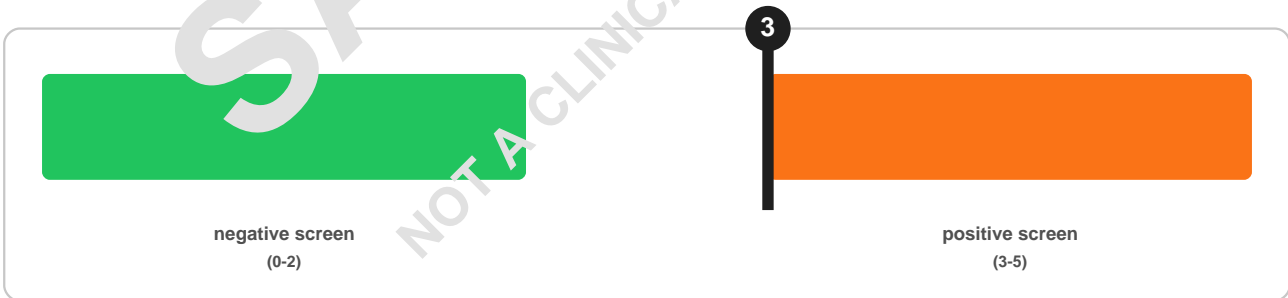
Practice: Mindful Psychology
 Practitioner: Dr Sarah Johnson
 Client: Alex Carter
 Date: 26/04/2026

EXAMPLE REPORT — Prepared by a practitioner inside Grounded Scribe. Fictional data; not a clinical result.

PC-PTSD-5 — Primary Care PTSD Screen for DSM-5

A 5-item screening tool designed for use in primary care to identify individuals who may benefit from further PTSD evaluation

RESULTS



Interpreted with Australian community norms — see References

INTERPRETATION

Current score: 3, positive screen, as per the PC-PTSD-5 author/publisher guidelines.

ABOUT THIS ASSESSMENT

Clinical Purpose

The Primary Care PTSD Screen for DSM-5 (PC-PTSD-5) is a 5-item screen designed for use in primary care and other medical settings to identify individuals with probable PTSD. It begins with an exposure item, then asks about re-experiencing, avoidance, hyperarousal, numbing, and guilt/blame symptoms. It is designed as a first-stage screen — positive results warrant full assessment.

Origins & Development

Developed by Prins et al. at the National Center for PTSD (VA), published in 2016 as an update of the PC-PTSD-4 to align with DSM-5 PTSD criteria. The addition of a fifth item (guilt/blame) reflects the new DSM-5 symptom cluster D. Validated in veteran and civilian samples with optimal sensitivity (95%) and specificity (85%) at a cutoff of 3.

Australian Context

Used in Australian general practice and emergency departments for trauma screening, particularly following natural disasters (bushfires, floods) and in DVA-funded primary care. Open Arms Veterans' Families Counselling services use it as an intake screening tool.

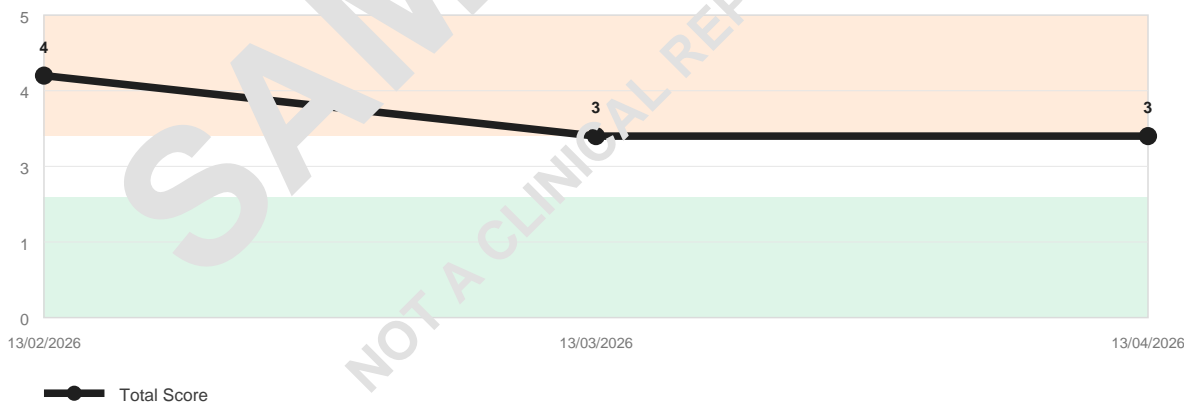


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SCORE HISTORY

Date	Score	Severity
13/02/2026	4	positive screen
13/03/2026	3	positive screen
13/04/2026	3	positive screen

SCORE TRAJECTORY



RESPONSE DETAILS

#	Statement	No	Yes
1	Had nightmares about the event(s) or thought about the event(s) when you did not want to?	<input type="radio"/>	<input checked="" type="radio"/>
2	Tried hard not to think about the event(s) or went out of your way to avoid situations that reminded you of the event(s)?	<input type="radio"/>	<input checked="" type="radio"/>
3	Been constantly on guard, watchful, or easily startled?	<input checked="" type="radio"/>	<input type="radio"/>
4	Felt numb or detached from people, activities, or your surroundings?	<input type="radio"/>	<input checked="" type="radio"/>
5	Felt guilty or unable to stop blaming yourself or others for the event(s) or any problems the event(s) may have caused?	<input checked="" type="radio"/>	<input type="radio"/>

Grounded Scribe Platform

Item-level response details, score tracking over time, RCI analysis, and outcome reports are available when assessments are administered through the platform.

REFERENCES

- Prins A, Bovin MJ, Smolenski DJ, et al. The Primary Care PTSD Screen for DSM-5 (PC-PTSD-5): development and evaluation within a veteran primary care sample. J Gen Intern Med. 2016;31(10):1206-1211.
- Bovin MJ, Marx BP, Weathers FW, et al. Psychometric properties of the PTSD Checklist for Diagnostic and Statistical Manual of Mental Disorders-Fifth Edition (PCL-5) in veterans. Psychol Assess. 2016;28(11):1379-1391.
- Open Arms — Veterans & Families Counselling (Department of Veterans' Affairs). Treating PTSD: clinician guidance endorsing the PC-PTSD-5 as a brief Australian primary care PTSD screen.



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4. Australian Comorbidity Guidelines (Sydney: NDARC). PC-PTSD-5 referenced as a recommended brief PTSD screen, supporting the original Prins et al. (2016) cut-point of ≥ 3 (or ≥ 4 for higher specificity).

ACKNOWLEDGEMENT & LICENSING

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SAMPLE
NOT A CLINICAL REPORT