

Assessment Report

Practice: Mindful Psychology
Practitioner: Dr Sarah Johnson
Client: Alex Carter
Date: 26/04/2026

EXAMPLE REPORT — Prepared by a practitioner inside Grounded Scribe. Fictional data; not a clinical result.

IPIP-NEO-20 — IPIP Mini-NEO (20-Item Big Five Personality Assessment)

A 20-item Big Five personality assessment from the International Personality Item Pool, measuring Extraversion, Agreeableness, Conscientiousness, Neuroticism, and Openness

INTERPRETATION

Current score: 65

ABOUT THIS ASSESSMENT

Clinical Purpose

The IPIP-NEO-20 is a 20-item brief Big Five personality assessment measuring Neuroticism, Extraversion, Openness to Experience, Agreeableness, and Conscientiousness. It provides a quick personality profile useful for clinical case conceptualisation, therapeutic alliance building, and understanding individual differences in treatment response.

Origins & Development

Part of the International Personality Item Pool (IPIP), initiated by Lewis Goldberg in 1999. The 20-item version was derived from the full 300-item IPIP-NEO to provide a practical brief measure that captures each of the Big Five domains with 4 items.

Australian Context

Used in Australian organisational psychology, clinical research, and therapeutic settings. Australian normative data is available through several large-scale studies. Increasingly adopted in Australian clinical practice as a practical alternative to longer personality inventories.

Subscales

Neuroticism: Tendency to experience negative emotions including anxiety, anger, depression, and vulnerability to stress.

Extraversion: Orientation toward sociability, assertiveness, activity, and positive emotions.

Openness: Receptiveness to new ideas, creativity, imagination, and intellectual curiosity.

Agreeableness: Tendency toward trust, cooperation, altruism, and consideration for others.

Conscientiousness: Organisation, persistence, self-discipline, and goal-directed behaviour.

SCORE HISTORY

Date	Score	Severity
13/02/2026	62	
13/03/2026	64	
13/04/2026	65	



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EXTRAVERSION SUBSCALE — Score: 16

Score Range	Severity
● 4–10	low
● 11–15	average
● 16–20	high

#	Statement	Very Inaccurate	Moderately Inaccurate	Neither	Moderately Accurate	Very Accurate
1	I am the life of the party	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
2	I don't talk a lot	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
3	I feel comfortable around people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4	I keep in the background	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

AGREEABLENESS SUBSCALE — Score: 8

Score Range	Severity
● 4–10	low
● 11–15	average
● 16–20	high

#	Statement	Very Inaccurate	Moderately Inaccurate	Neither	Moderately Accurate	Very Accurate
1	I sympathize with others' feelings	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	I am not interested in other people's problems	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	I feel others' emotions	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I am not really interested in others	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

CONSCIENTIOUSNESS SUBSCALE — Score: 14

Score Range	Severity
● 4–10	low
● 11–15	average
● 16–20	high



Assessment Report — Response Details

#	Statement	Very Inaccurate	Moderately Inaccurate	Neither	Moderately Accurate	Very Accurate
1	I am always prepared	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
2	I leave my belongings around	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	I pay attention to details	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I make a mess of things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

NEUROTICISM SUBSCALE — Score: 11

Score Range	Severity
4–10	low
11–15	average
16–20	high

#	Statement	Very Inaccurate	Moderately Inaccurate	Neither	Moderately Accurate	Very Accurate
1	I get stressed out easily	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	I am relaxed most of the time	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	I worry about things	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I seldom feel blue	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

OPENNESS SUBSCALE — Score: 16

Score Range	Severity
4–10	low
11–15	average
16–20	high

#	Statement	Very Inaccurate	Moderately Inaccurate	Neither	Moderately Accurate	Very Accurate
1	I have a vivid imagination	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
2	I am not interested in abstract ideas	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
3	I have excellent ideas	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4	I do not have a good imagination	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

Grounded Scribe Platform

Item-level response details, score tracking over time, RCI analysis, and outcome reports are available when assessments are administered through the platform.



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REFERENCES

1. Goldberg LR. A broad-bandwidth, public-domain, personality inventory measuring the lower-level facets of several five-factor models. In: Mervielde I, Deary I, De Fruyt F, Ostendorf F, eds. *Personality Psychology in Europe*, Vol. 7. Tilburg: Tilburg University Press; 1999:7-28.
2. Donnellan MB, Oswald FL, Baird BM, Lucas RE. The Mini-IPIP scales: brief-yet-effective measures of the Big Five factors of personality. *Psychol Assess*. 2006;18(2):192-203.
3. Johnson JA. Open IPIP-NEO public-domain dataset. Australian respondent subset (n=14,163) supports percentile-based interpretation in Australian populations.
4. International Personality Item Pool. A Scientific Collaboratory for the Development of Advanced Measures of Personality Traits and Other Individual Differences. Available at <https://ipip.net>.

ACKNOWLEDGEMENT & LICENSING

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