

Assessment Report

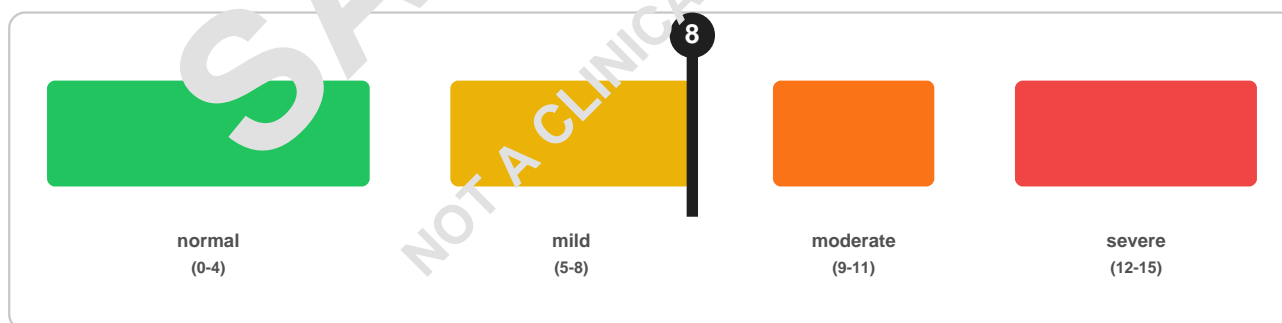
Practice: Mindful Psychology
Practitioner: Dr Sarah Johnson
Client: Alex Carter
Date: 26/04/2026

EXAMPLE REPORT — Prepared by a practitioner inside Grounded Scribe. Fictional data; not a clinical result.

GDS-15 — Geriatric Depression Scale (15-item Short Form)

A 15-item yes/no screening tool for depression in older adults (55+)

RESULTS



INTERPRETATION

Current score: 8, mild, as per the GDS-15 author/publisher guidelines.

ABOUT THIS ASSESSMENT

Clinical Purpose

The Geriatric Depression Scale (15-item) is a self-report screening tool specifically designed to assess depressive symptoms in older adults. Unlike general depression measures, it avoids somatic symptoms (sleep, appetite, fatigue) that overlap with normal ageing and medical illness, instead focusing on cognitive and affective aspects of depression. It uses a simple yes/no response format suited to older populations.

Origins & Development

Developed by Jerome Yesavage and colleagues, originally published as a 30-item scale in 1982. The 15-item short form was derived by Sheikh & Yesavage (1986) by selecting items with the highest correlation to depressive symptoms. Validated across diverse geriatric populations including community-dwelling elders, nursing home residents, and hospitalised older adults. Sensitivity and specificity exceed 80% at a cutoff of 5.

Australian Context

Recommended by the RACGP Silver Book (Guidelines for Preventive Activities in General Practice) for depression screening in older Australians. It is listed as an approved assessment tool for Aged Care Assessment Team (ACAT) evaluations and is used in residential aged care facilities for mandatory depression screening under the Aged Care Quality Standards. The Royal Australian and New Zealand College of Psychiatrists (RANZCP) references it in geriatric psychiatry guidelines.

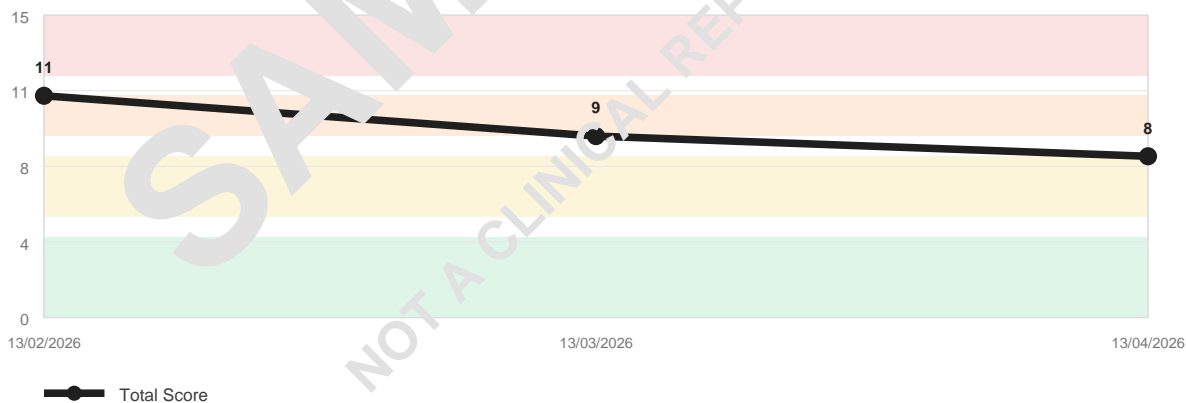


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SCORE HISTORY

Date	Score	Severity
13/02/2026	11	moderate
13/03/2026	9	moderate
13/04/2026	8	moderate

SCORE TRAJECTORY



RESPONSE DETAILS

#	Statement	Yes	No
1	Are you basically satisfied with your life?	<input type="radio"/>	<input checked="" type="radio"/>
2	Have you dropped many of your activities and interests?	<input type="radio"/>	<input checked="" type="radio"/>
3	Do you feel that your life is empty?	<input checked="" type="radio"/>	<input type="radio"/>
4	Do you often get bored?	<input type="radio"/>	<input checked="" type="radio"/>
5	Are you in good spirits most of the time?	<input checked="" type="radio"/>	<input type="radio"/>
6	Are you afraid that something bad is going to happen to you?	<input checked="" type="radio"/>	<input type="radio"/>
7	Do you feel happy most of the time?	<input type="radio"/>	<input checked="" type="radio"/>
8	Do you often feel helpless?	<input checked="" type="radio"/>	<input type="radio"/>
9	Do you prefer to stay at home, rather than going out and doing new things?	<input checked="" type="radio"/>	<input type="radio"/>
10	Do you feel you have more problems with memory than most?	<input type="radio"/>	<input checked="" type="radio"/>
11	Do you think it is wonderful to be alive now?	<input checked="" type="radio"/>	<input type="radio"/>
12	Do you feel pretty worthless the way you are now?	<input type="radio"/>	<input checked="" type="radio"/>
13	Do you feel full of energy?	<input type="radio"/>	<input checked="" type="radio"/>
14	Do you feel that your situation is hopeless?	<input checked="" type="radio"/>	<input type="radio"/>
15	Do you think that most people are better off than you are?	<input type="radio"/>	<input checked="" type="radio"/>



Assessment Report

Grounded Scribe Platform

Item-level response details, score tracking over time, RCI analysis, and outcome reports are available when assessments are administered through the platform.

REFERENCES

1. Sheikh JI, Yesavage JA. Geriatric Depression Scale (GDS): recent evidence and development of a shorter version. Clin Gerontol. 1986;5(1-2):165-173.
2. Yesavage JA, Brink TL, Rose TL, et al. Development and validation of a geriatric depression screening scale: a preliminary report. J Psychiatr Res. 1982;17(1):37-49.
3. Almeida OP, Almeida SA. Short versions of the Geriatric Depression Scale: a study of their validity for the diagnosis of a major depressive episode according to ICD-10 and DSM-IV. Int J Geriatr Psychiatry. 1999;14(10):858-865.

ACKNOWLEDGEMENT & LICENSING

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