



Assessment Report

Practice: Mindful Psychology
Practitioner: Dr Sarah Johnson
Client: Alex Carter
Date: 26/04/2026

EXAMPLE REPORT — Prepared by a practitioner inside Grounded Scribe. Fictional data; not a clinical result.

BPRS — Brief Psychiatric Rating Scale

An 18-item clinician-rated scale for assessing the severity of psychiatric symptoms including psychosis, mood disturbance, and anxiety.

INTERPRETATION

Current score: 73

ABOUT THIS ASSESSMENT

Clinical Purpose

The Brief Psychiatric Rating Scale (BPRS) is an 18-item clinician-rated scale assessing the severity of psychiatric symptoms across multiple domains including thought disturbance, emotional withdrawal, anxiety, conceptual disorganisation, guilt, tension, mannerisms, grandiosity, depressive mood, hostility, suspiciousness, hallucinations, motor retardation, uncooperativeness, unusual thought content, blunted affect, excitement, and disorientation.

Origins & Development

Developed by John Overall and Donald Gorham, first published in Psychological Reports in 1962. It was one of the first standardised psychiatric rating scales and remains one of the most widely used in psychiatric clinical trials and services. The original 16-item version was expanded to 18 items. It has been extensively validated across psychotic, affective, and mixed psychiatric populations.

Australian Context

Used in Australian public mental health services, particularly in acute inpatient and community mental health teams. It is included in the NOCC as an approved clinician-rated outcome measure. RANZCP registrar training includes competency in BPRS administration. It is commonly used in Australian psychiatric research and clozapine monitoring programs.

SCORE HISTORY

Date	Score	Severity
13/02/2026	95	
13/03/2026	84	
13/04/2026	73	



Assessment Report — Response Details

RESPONSE DETAILS

#	Statement	1 — Not present	2 — Very mild	3 — Mild	4 — Moderate	5 — Moderately severe	6 — Severe	7 — Extremely severe
1	Somatic concern — Degree of concern over present bodily health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	Anxiety — Worry, fear, or over-concern for present or future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	Emotional withdrawal — Deficiency in relating to the interviewer and to the interview situation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	Conceptual disorganisation — Degree of speech incomprehensibility, loose associations, incoherence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	Guilt feelings — Self-blame, remorse for past behaviour	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	Tension — Facial grimaces or manifestations of tension, nervousness, and agitation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	Mannerisms and posturing — Unusual and unnatural motor behaviour causing certain mental patients to stand out	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	Grandiosity — Exaggerated self-opinion, conviction of unusual ability or powers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9	Depressive mood — Despondency in mood, sadness, subject reports feeling "blue"	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10	Hostility — Animosity, contempt, belligerence, disdain for other people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11	Suspiciousness — Belief (delusional or otherwise) that others have now, or have had in the past, malicious or discriminatory intent	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12	Hallucinatory behaviour — Perceptions without normal external stimulus correspondence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
13	Motor retardation — Reduction in energy level evidenced by slowed movements and speech, reduced body tone, decreased number of spontaneous body movements	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14	Uncooperativeness — Evidence of resistance, unfriendliness, resentment, and lack of readiness to cooperate with the interviewer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15	Unusual thought content — Severity of delusions of any type — consider conviction and effect on actions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16	Blunted affect — Reduced emotional tone, apparent lack of normal feeling or involvement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



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17	Excitement — Heightened emotional tone, including irritability and expansiveness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

18	Disorientation — Confusion or lack of proper association for person, place, or time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Grounded Scribe Platform
 Item-level response details, score breakdowns, RCI analysis, and outcome reports are available when assessments are administered through the platform.

REFERENCES

- Overall JE, Gorham DR. The Brief Psychiatric Rating Scale. Psychol Rep. 1962;10(3):799-812.

ACKNOWLEDGEMENT & LICENSING

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