

Assessment Report

Practice: Mindful Psychology
Practitioner: Dr Sarah Johnson
Client: Alex Carter
Date: 26/04/2026

EXAMPLE REPORT — Prepared by a practitioner inside Grounded Scribe. Fictional data; not a clinical result.

ASRS-6 — Adult ADHD Self-Report Scale v1.1 (6-Item Screener)

6-item screener for adult ADHD symptoms developed by WHO and Harvard Medical School

RESULTS



INTERPRETATION

Current score: 4, positive screen, as per the ASRS-6 author/publisher guidelines.

ABOUT THIS ASSESSMENT

Clinical Purpose

The Adult ADHD Self-Report Scale (ASRS-6) is a 6-item screening tool for adult Attention-Deficit/Hyperactivity Disorder. It captures the most predictive symptoms of adult ADHD including difficulty with concentration, organisation, restlessness, and impulsive decision-making. It is designed as a quick screener to identify individuals who may benefit from comprehensive ADHD evaluation.

Origins & Development

Developed by the World Health Organization (WHO) in collaboration with Kessler, Adler, Ames, and colleagues, published in 2005. The 6 items were selected from the 18-item ASRS using stepwise logistic regression to identify the most discriminating symptoms. Validated against clinical interviews with sensitivity of 68.7% and specificity of 99.5%, making it particularly useful for ruling in ADHD when positive.

Australian Context

Relevant to the growing recognition of adult ADHD in Australian clinical practice. The RANZCP published its first adult ADHD clinical practice guidelines in 2023, recommending validated screening as a first step. The ASRS-6 is accepted by most Australian psychiatrists as a preliminary screening tool prior to comprehensive assessment. PBS-listed ADHD medications require documented evidence of screening and assessment.

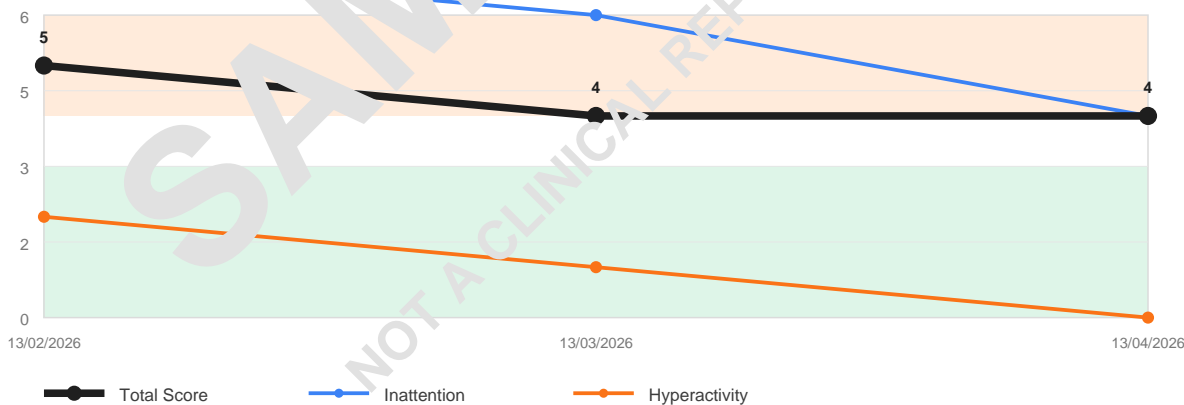


Assessment Report

SCORE HISTORY

Date	Score	Severity
13/02/2026	5	positive screen
13/03/2026	4	positive screen
13/04/2026	4	positive screen

SCORE TRAJECTORY



RESPONSE DETAILS

#	Statement	Never	Rarely	Sometimes	Often	Very Often
1	How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
2	How often do you have difficulty getting things in order when you have to do a task that requires organization?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
3	How often do you have problems remembering appointments or obligations?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4	When you have a task that requires a lot of thought, how often do you avoid or delay getting started?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
5	How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	How often do you feel overly active and compelled to do things, like you were driven by a motor?	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Grounded Scribe Platform

Item-level response details, score tracking over time, RCI analysis, and outcome reports are available when assessments are administered through the platform.

REFERENCES



Assessment Report

1. Kessler RC, Adler L, Ames M, et al. The World Health Organization Adult ADHD Self-Report Scale (ASRS): a short screening scale for use in the general population. *Psychol Med.* 2005;35(2):245-256.
2. Adler LA, Spencer T, Faraone SV, et al. Validity of pilot Adult ADHD Self-Report Scale (ASRS) to rate adult ADHD symptoms. *Ann Clin Psychiatry.* 2006;18(3):145-148.

ACKNOWLEDGEMENT & LICENSING

Free for clinical, research, and commercial use with attribution. Developed by WHO and NYU/Harvard Medical School.

This assessment is provided as a component of Grounded Scribe's clinical documentation platform and is reproduced under the terms specified by the original author/publisher. Assessment results are not used for research purposes.

Grounded Scribe is not a medical device as defined by the Therapeutic Goods Administration (TGA). Scores are provided as reference information only. This tool does not provide clinical diagnoses. Interpretation should be made by a qualified practitioner in the context of a comprehensive clinical assessment.